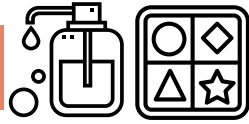


Chore List

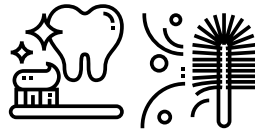
FOR KIDS BY AGE

Ages 2-4



- ✓ Pick up toys and books
- ✓ Flush the toilet
- ✓ Wash hands

Ages 7-8



Other chores listed plus:

- ✓ Make up bed
- ✓ Set and clear the table
- ✓ Help carry light items (groceries, etc.)
- ✓ Dust
- ✓ Manage personal hygiene (with supervision)
- ✓ Load dishwasher
- ✓ Write thank you notes
- ✓ Pack own backpack
- ✓ Help prepare meals
- ✓ Clean spills and dirt messes
- ✓ Water plants and flowers
- ✓ Use toaster
- ✓ Make bowl of cereal
- ✓ Help pack lunch

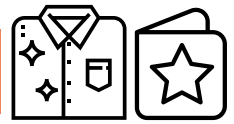
ages 12+



Other chores listed plus:

- ✓ Deep cleaning (mirrors, windows, mop, dust, etc.)
- ✓ Clean bathroom
- ✓ Manage personal hygiene (unsupervised)
- ✓ Yard work (mow lawn, pull weeds, rake leaves)
- ✓ Babysit (check your state for age requirements)
- ✓ Wash and iron clothes
- ✓ Prepare family meals
- ✓ Wash family car
- ✓ Maintain school and activity schedule
- ✓ Prepare for school without supervision

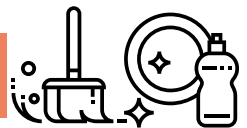
Ages 5-6



Other chores listed plus:

- ✓ Organize toys and books
- ✓ Get dressed with little assistance
- ✓ Carry own items (backpack, toys, etc.)
- ✓ Help care for family pet
- ✓ Put dirty clothes in hamper

Ages 9-10



Other chores listed plus:

- ✓ Mop floors
- ✓ Vacuum floors
- ✓ Sweep floors
- ✓ Sort laundry
- ✓ Fold and put away laundry
- ✓ Wash and put away dishes
- ✓ Pack lunch
- ✓ Empty and take out trash
- ✓ Care for family pet
- ✓ Wake up with alarm
- ✓ Keep personal spaces clean
- ✓ Complete homework assignments
- ✓ Prepare simple meals using oven
- ✓ Assist with younger siblings
- ✓ Keep track and take care of personal belongings
- ✓ Put away groceries
- ✓ Change bed linens
- ✓ Clean bathtub and sink

